

Early Help for Parents



Tel: 01604 714674

lobrown@kingsthorpegrove.northants.sch.uk

jobrien@kingsthorpegrove.northants.sch.uk



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Here at Kingsthorpe Grove Primary School we aim to support all of our families through our team of Family Support Workers.

Here at KGPS we aim to support all of our families through our team of Family Support Workers



Jessica O'Brien



Lorraine Brown

Since 1st June 2015, the Early Help Assessment (EHA) has been used in Northamptonshire. The EHA is a straightforward and family focused assessment to help families identify what is working well and what they want to change.

Who can have Early Help?

Early Help is for **everyone**, it is support for all families with children and young people of any age. At some point in every family's life there are challenging times. Early Help is a process in which support can be given to stop the little problems becoming big problems.

Early Help is voluntary and it is your choice whether you want to participate.

Why would Early Help be needed?

There are lots of reasons why Early Help could be needed – The following are some examples but are not inclusive.

- You are worried about your child's health, development or behaviour.
- You could be caring for a child or young person with a disability and need some help and support.
- You could be worried about money or housing.
- You or your family could be affected by domestic violence, drugs or alcohol or crime.
- Perhaps your child or young person is classed as a Young Carer.
- Or perhaps there has been a bereavement.

What is the Early Help process?

- Early help is a process in which families meet with our Family Support Workers initially in the family home – this is called an Early Help Assessment.
- After the initial meeting the Family Support Workers will be able to ascertain what support is needed and discuss this with you.
- An Action Plan is then drawn up and will be main focus going forward.
- There will then be regular 6 weekly meetings and the Family Support Workers will invite other professionals to the meetings whom they believe will be able to support and help the family (obviously you will need to consent to this).
- The majority of the meetings after the initial one will be held at school, however there will be occasions when these will need to be held in the family home.

How do I ask for Help?

- Our dedicated Family Support Worker will be at school during the school day.
- You can contact them on the following email:

lobrown@kingsthorpegrove.northants.sch.uk
jobrien@kingsthorpegrove.northants.sch.uk

- Telephone them on: 01604 714674.
- Or go into the school office and as long as they are free they will be happy to speak to you in person.
- Sometimes if someone is worried about you then our Family Support Worker may approach you and ask if you would like to discuss whether an Early Help could help you.